



PLATE LOADED

TITAN



THE TITAN OF STRENGTH TRAINING!

EFFICIENT AND SAFE TRAINING THANKS TO INNOVATIVE TECHNOLOGY: THE TITAN MECHANIX SERIES IMPRESSES WITH A CONSISTENT RESISTANCE CURVE AND AN OPTIMISED BIOMECHANICAL DESIGN THAT INCREASES TRAINING EFFECTIVENESS AND GUARANTEES QUICK RESULTS.

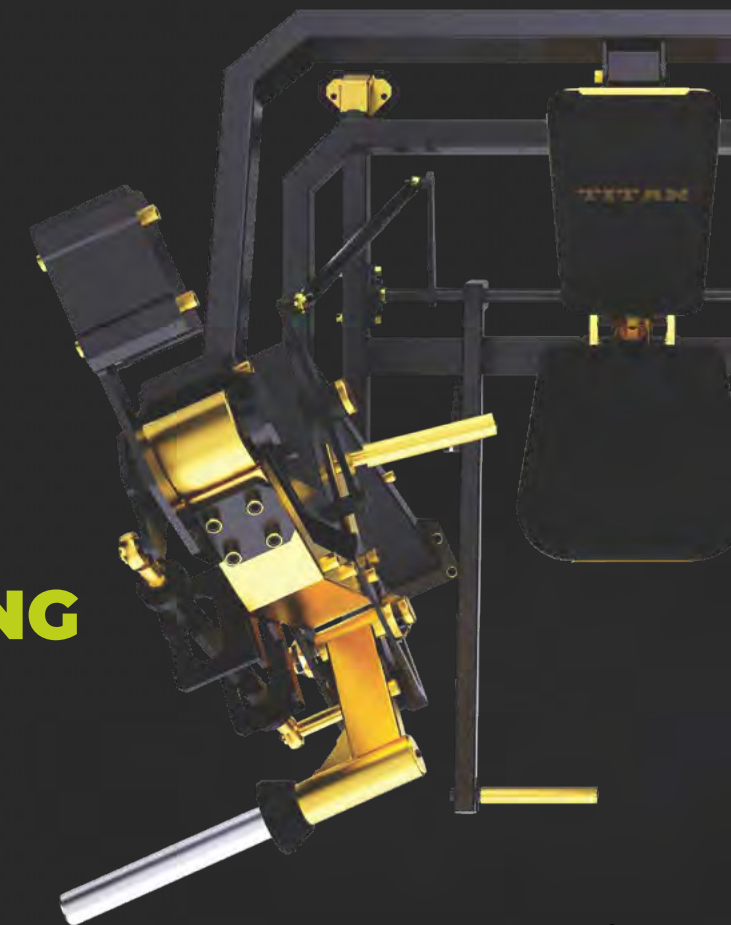
With its crazy eye-catching, innovative technical design, this series conveys a particularly high level of challenge. With its versatile adjustment options and dynamic training, this series sets new standards. This series will motivate your members to make social media posts and thus attract new members. Here, the members, for whom fitness is a way of life, do not train, not a duty. The equipment definitely belongs in the workout area and is used for targeted maximum strength training.

- EASY TO USE
- BIOMECHANICALLY CORRECT WORKOUT
- FOOT ASSIST
- COOL DESIGN
- VARIOUS COLOR OPTIONS
- SOCIAL MEDIA BOOSTER
- MULTI LINK STRUCTURE

MULTI. LINK. STRUCTURE.

Consistent Resistance Curve: Provides stable and uniform resistance throughout the entire range of motion, ensuring more efficient workouts. Enhanced Training Effectiveness: The more stable resistance curve makes workouts more comprehensive and effective, helping users achieve their fitness goals faster. Optimized Biomechanical Design: Mimics the natural movement trajectory of the human body, reducing stress on joints and soft tissues, thereby enhancing safety


















**CRAZY EYE-CATCHING
AND INNOVATIVE
TECHNICAL DESIGN.**

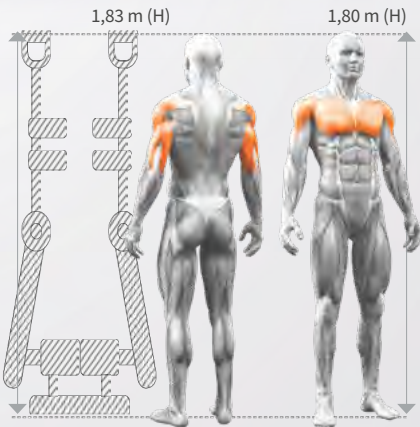


CHEST PRESS



SPECIFICATIONS

	Dimension	1670 x 1490 x 1835 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1000 x 1650 x 700 mm Carton
	Frame color	 
	Application color	     
	Weight net / gross	310 kg / 350 kg
	Max load*	200 kg
	Recommended weight pack	
	Weight storage	2



















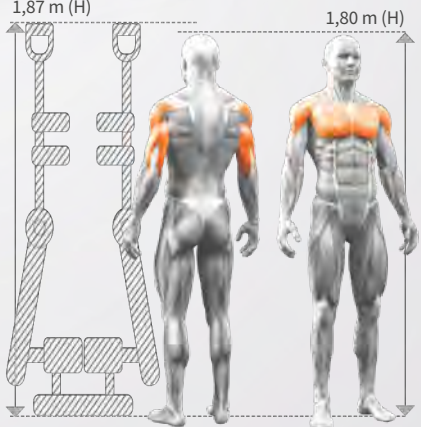
The Chest Press uses a forward converging movement that effectively activates the pectoralis major, triceps, and anterior deltoid. The motion arms can be moved independently, not only ensuring a more balanced muscle exercise, but also supporting the user in individual training. The backrest is adjustable.

LOW CHEST PRESS



SPECIFICATIONS

	Dimension	1690 x 1460 x 1870 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1000 x 1650 x 700 mm Carton
	Frame color	 
	Application color	     
	Weight net / gross	265 kg / 305 kg
	Max load*	160 kg
	Recommended weight pack	
	Weight storage	2




















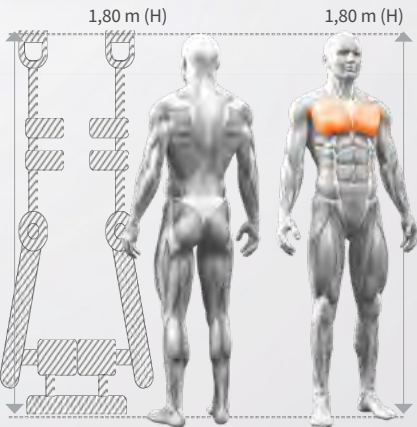
The Wide Chest Press strengthens the lower pectoralis through a forward converging movement while activating the pectoralis major, triceps, and anterior deltoid. Excellent biomechanical trajectory makes training more comfortable and effective. Balanced strength increase, support for single-arm training, both thanks to the variety training possibilities offered by the independent motion arms. The backrest is adjustable.

INCLINE CHEST PRESS



SPECIFICATIONS

	Dimension	1830 x 1480 x 1800 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1000 x 1650 x 700 mm Carton
	Frame color	 
	Application color	     
	Weight net / gross	280 kg / 320 kg
	Max load*	200 kg
	Recommended weight pack	
	Weight storage	2




















The Incline Chest Press is designed to better train the upper chest muscles. Excellent biomechanical standards and ergonomic design ensure training effectiveness and comfort. The motion arms can be moved independently, not only ensuring a more balanced muscle exercise, but also supporting the user in individual training. The backrest is adjustable.

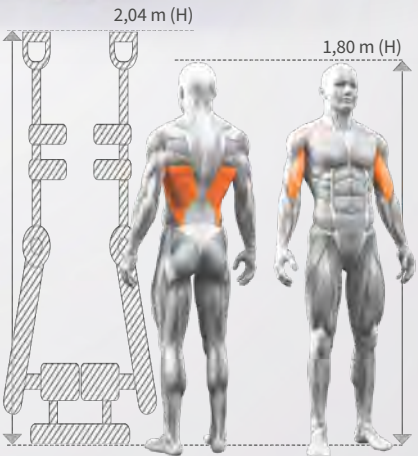
*depending on plate thickness

PULL DOWN



SPECIFICATIONS

	Dimension	2090 x 1475 x 2040 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1000 x 1650 x 700 mm Carton
	Frame color	 
	Application color	     
	Weight net / gross	235 kg / 275 kg
	Max load*	200 kg
	Recommended weight pack	
	Weight storage	2



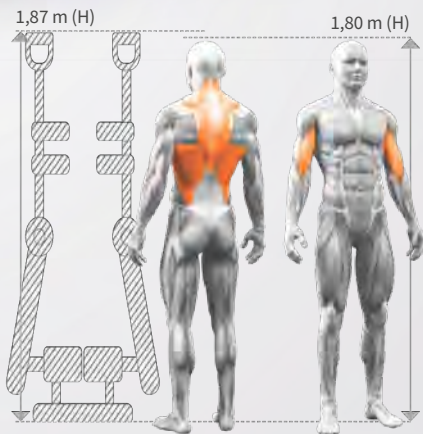
The Pull Down provides a natural arc of motion and greater range, allowing users to effectively train the lats and biceps. The independently moving arms ensure balanced strength increase and allow for separate training. Excellent motion path design makes training smooth and comfortable.

LOW ROW



SPECIFICATIONS

✂	Dimension	1500 x 1475 x 1870 mm
📏	Frame dimensions	12 x 6 mm / 8 x 5 mm
📦	Transport box	1000 x 1650 x 700 mm Carton
🔧	Frame color	● ●
🎨	Application color	● ● ● ● ● ●
⚖️	Weight net / gross	275 kg / 315 kg
🏋️	Max load*	200 kg
🏋️	Recommended weight pack	
🏋️	Weight storage	--



The Low Row offers activation programs for multiple muscle groups, including the lats, biceps, rear delts, and traps. Dual-hold position handgrips involve training of different muscles. The independently motion arms ensure the balance of the training and supports the user to perform independent training. The central handle provides stability during single-arm training.

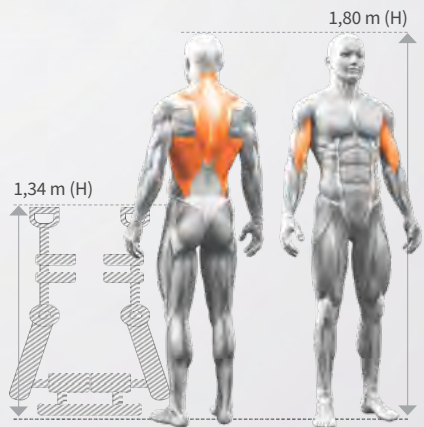
*depending on plate thickness

ROW



SPECIFICATIONS

✂	Dimension	1670 x 1350 x 1340 mm
📏	Frame dimensions	12 x 6 mm / 8 x 5 mm
📦	Transport box	1000 x 1650 x 700 mm Carton
🔧	Frame color	● ●
🎨	Application color	● ● ● ● ● ●
⚖️	Weight net / gross	230 kg / 270 kg
🏋️	Max load*	200 kg
🏋️	Recommended weight pack	
🏋️	Weight storage	2



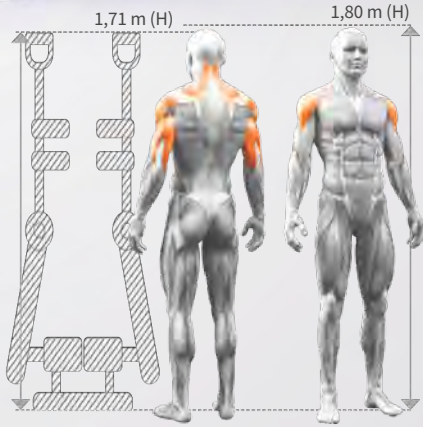
The Row is designed to activate the lats, biceps, rear deltoid, and trapezius muscles. Provides variety training with dual-grip handles. The independently motion arms guarantee the balanced strength increase and allows the user to train independently. The central handle is responsible for the stability of independent workouts.

SHOULDER PRESS



SPECIFICATIONS

✂	Dimension	1555 x 1830 x 1715 mm
□	Frame dimensions	12 x 6 mm / 8 x 5 mm
📦	Transport box	1000 x 1650 x 700 mm Carton
🔧	Frame color	● ●
🎨	Application color	● ● ● ● ● ●
⚖	Weight net / gross	280 kg / 320 kg
🏋	Max load*	200 kg
🔗	Recommended weight pack	
🔗	Weight storage	2



The Shoulder Press provide the feel of free weight training, with an excellent biomechanical design ideal for strengthening delts, triceps and upper traps by replicating the overhead press. The independently motion arms guarantee the balanced strength increase and allow the user to train independently. The backrest is adjustable.

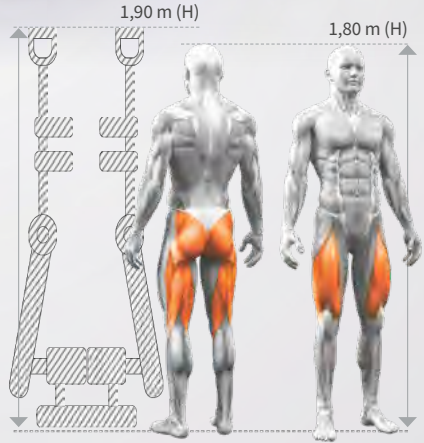
*depending on plate thickness

REAR KICK



SPECIFICATIONS

✂	Dimension	1600 x 1400 x 1900 mm
□	Frame dimensions	12 x 6 mm / 8 x 5 mm
📦	Transport box	1000 x 1650 x 700 mm Carton
🔧	Frame color	● ●
🎨	Application color	● ● ● ● ● ●
⚖	Weight net / gross	175 kg / 215 kg
🏋	Max load*	140 kg
🔗	Recommended weight pack	
🔗	Weight storage	1



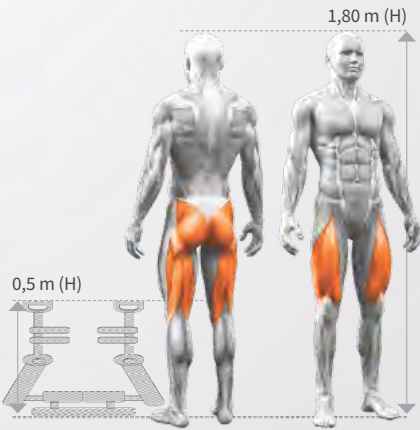
The Rear Kick replicates the rear kick movement with mechanically transmitted weight loads, which is an ideal choice for training glutes, hamstrings, and quads. The large footplates allow users to train in multiple positions, while the ergonomic pads provide reasonable stress distribution while stabilizing the torso.

LEG PRESS



SPECIFICATIONS

✂	Dimension	1670 x 1220 x 1210 mm
📏	Frame dimensions	12 x 6 mm / 8 x 5 mm
📦	Transport box	1000 x 1650 x 700 mm Carton
🔧	Frame color	● ●
🎨	Application color	● ● ● ● ● ●
⚖️	Weight net / gross	215 kg / 256 kg
🏋️	Max load*	440 kg
🔗	Recommended weight pack	
🔗	Weight storage	2



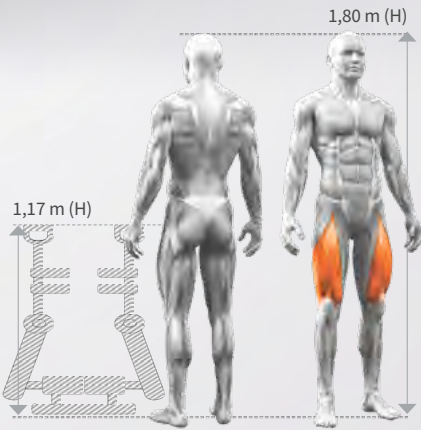
The Leg Press is designed to replicate the leg extension movement in a closed kinetic chain, that is very effective for quadriceps, hamstrings and glutes activation and training. The wide foot platform allows users to switch training according to the foot position. The handgrips provide stability during exercise and is also a start-stop switch for the training.

LEG EXTENSION



SPECIFICATIONS

✂	Dimension	1520 x 1285 x 1170 mm
📏	Frame dimensions	12 x 6 mm / 8 x 5 mm
📦	Transport box	1100 x 1750 x 700 mm Carton
🔧	Frame color	● ●
🎨	Application color	● ● ● ● ● ●
⚖️	Weight net / gross	185 kg / 225 kg
🏋️	Max load*	160 kg
🔗	Recommended weight pack	
🔗	Weight storage	--




















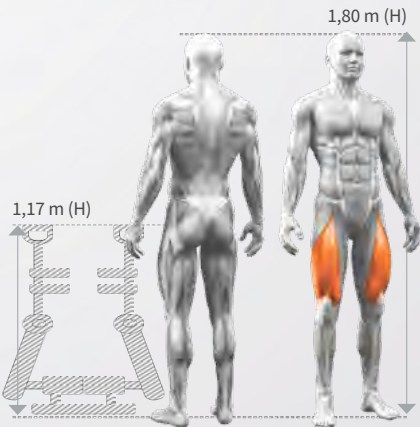
The Leg Extension is designed to utilize the motion trajectory by isolating and fully engaging the quadriceps. The purely mechanical transmission structure ensures the accurate transmission of the load weight, and the ergonomically optimized seat and shin pads ensure training comfort.

LEG EXTENSION



SPECIFICATIONS

	Dimension	1250 x 1250 x 1170 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1100 x 1750 x 710 mm Carton
	Frame color	 
	Application color	     
	Weight net / gross	135 kg / 165 kg
	Max load*	160 kg
	Recommended weight pack	
	Weight storage	--




















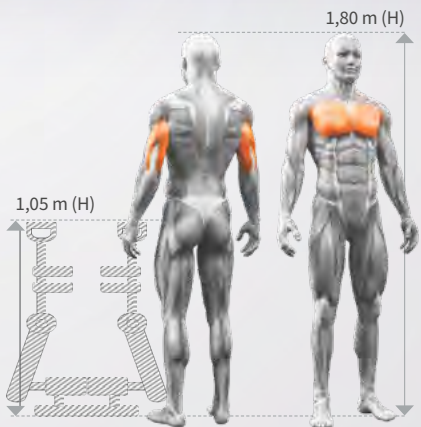
The Leg Extension is designed to utilize the motion trajectory by isolating and fully engaging the quadriceps. The purely mechanical transmission structure ensures the accurate transmission of the load weight, and the ergonomically optimized seat and shin pads ensure training comfort.

SEATED DIP



SPECIFICATIONS

	Dimension	1815 x 1700 x 1050 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1000 x 1650 x 700 mm Carton
	Frame color	 
	Application color	     
	Weight net / gross	180 kg / 220 kg
	Max load*	160 kg
	Recommended weight pack	
	Weight storage	2




















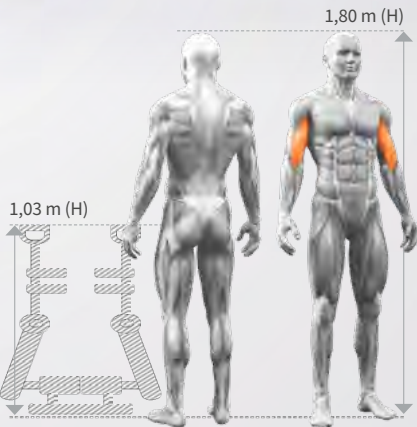
The Seated Dip is designed to fully activate the triceps and pectoral muscles, providing optimal workload distribution based on an excellent trajectory of motion. The independently motion arms guarantee the balanced strength increase and allow the user to train independently. Optimal torque is always provided to the user during the training.

BICEPS CURL



SPECIFICATIONS

	Dimension	1610 x 1180 x 1035 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1000 x 1650 x 700 mm Carton
	Frame color	 
	Application color	     
	Weight net / gross	170 kg / 210 kg
	Max load*	80 kg
	Recommended weight pack	
	Weight storage	1




















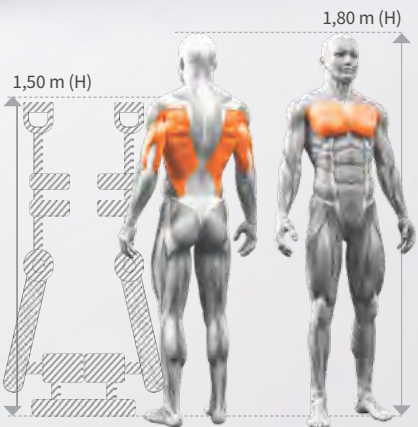
The Biceps Curl replicates the same biceps curl following the movement pattern of the elbow's physiological power curve under load. The pure mechanical structure transmission makes the load transmission smoother, and the addition of ergonomic optimization makes the training more comfortable.

PULL OVER



SPECIFICATIONS

	Dimension	2145 x 1635 x 1500 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1420 x 1840 x 630 mm Plywood
	Frame color	 
	Application color	     
	Weight net / gross	240 kg / 280 kg
	Max load*	--
	Recommended weight pack	--
	Weight storage	6












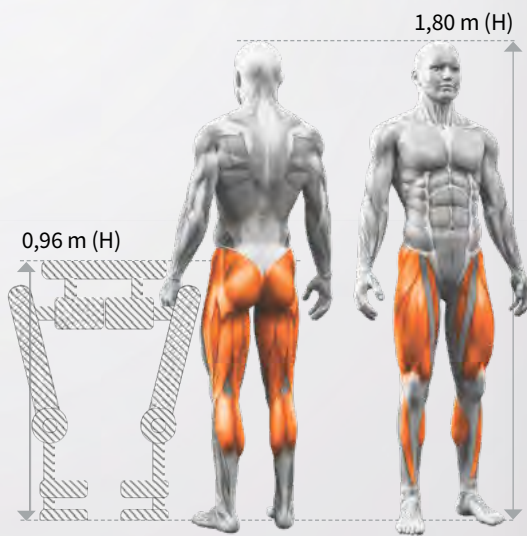
The Plate-Loaded Pull Over targets the chest and back muscles, activating the latissimus dorsi, teres major, and posterior deltoids. Its controlled stretch-and-pull motion enhances strength and stability. An integrated foot assist ensures easy and comfortable entry.

HIP THRUST



SPECIFICATIONS

	Dimension	1920 x 1340 x 955 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	Plywood
	Frame color	Black / Grey
	Application color	Yellow / Grey / Red / Orange / Black / Gold
	Weight net / gross	145 kg / 185 kg
	Max load*	--
	Recommended weight pack	--
	Weight storage	--



The Hip Thrust focuses on the glute muscles and simulates the most popular free weight glute training paths. Ergonomic pelvic pads provide secure and comfortable support for training start and end.

*depending on plate thickness



COLOR OPTIONS

PEARL RED

SWING ARM

FRAME & UPHOLSTERY

PEARL GREEN

SWING ARM

FRAME & UPHOLSTERY

GOLD

SWING ARM

FRAME & UPHOLSTERY

ORANGE

SWING ARM

FRAME & UPHOLSTERY

PEARL BLACK

SWING ARM

FRAME & UPHOLSTERY



BENCHES


















MAXIMISEZ YOUR TRAINING.

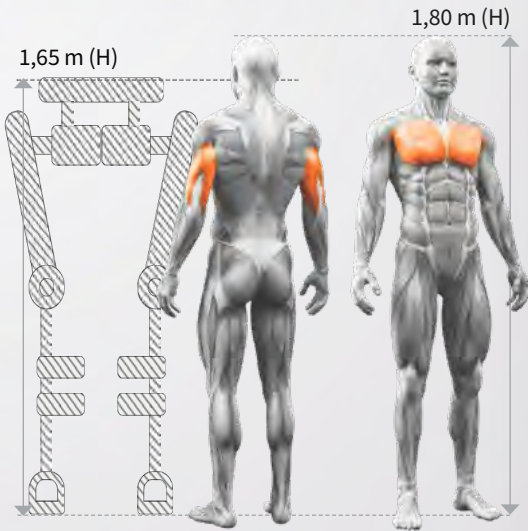


OLYMPIC INCLINE BENCH



SPECIFICATIONS

	Dimension	2010 x 1550 x 1650 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1700 x 1100 x 620 mm Plywood
	Frame color	 
	Application color	     
	Weight net / gross	150 kg / 180 kg
	Max load*	--
	Recommended weight pack	--
	Weight storage	--




















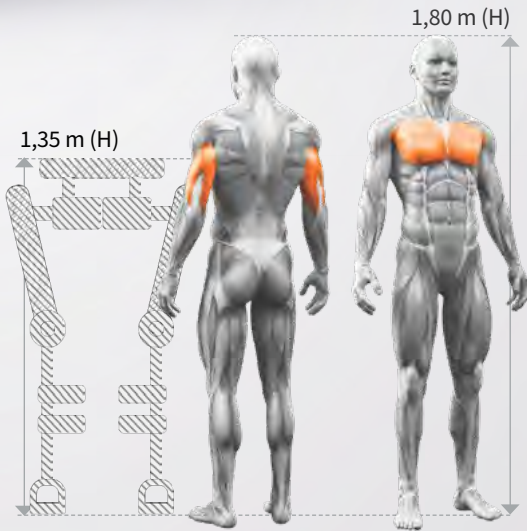
Inclined bench with four hooks for barbell and eight weight horns.

OLYMPIC FLAT BENCH



SPECIFICATIONS

	Dimension	1840 x 1550 x 1350 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1700 x 1100 x 520 mm Plywood
	Frame color	 
	Application color	     
	Weight net / gross	125 kg / 155 kg
	Max load*	--
	Recommended weight pack	--
	Weight storage	--



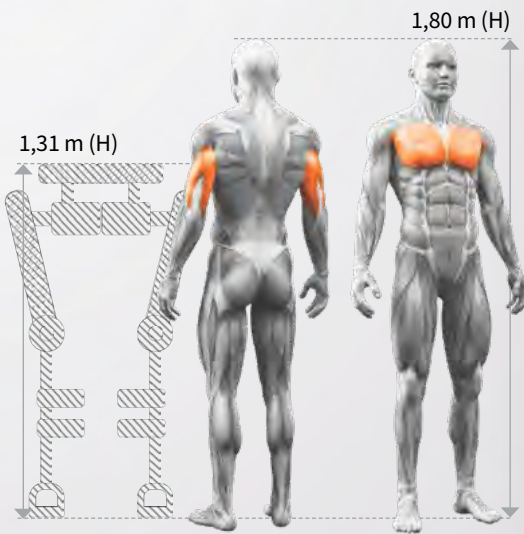
Flat bench with four hooks for barbell and eight weight horns.

OLYMPIC DECLINE BENCH



SPECIFICATIONS

✂	Dimension	2170 x 1550 x 1310 mm
□	Frame dimensions	12 x 6 mm / 8 x 5 mm
📦	Transport box	1700 x 1100 x 620 mm Plywood
🔧	Frame color	● ●
🎨	Application color	● ● ● ● ● ●
⚖	Weight net / gross	130 kg / 160 kg
🏋	Max load*	--
🏋	Recommended weight pack	--
🏋	Weight storage	--



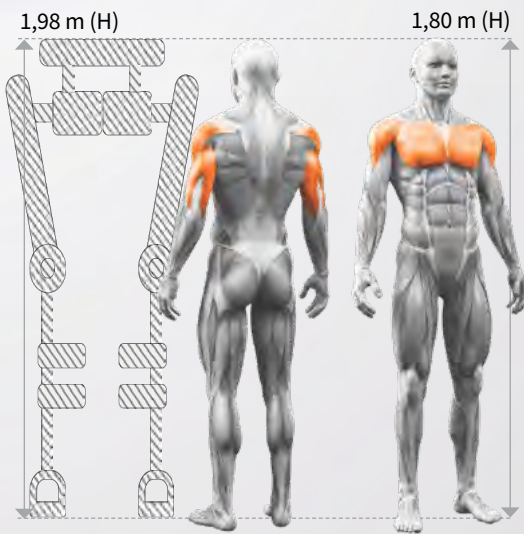
Negative declined bench with four hooks for barbell and eight weight horns.

OLYMPIC MILITARY BENCH



SPECIFICATIONS

✂	Dimension	1850 x 1550 x 1975 mm
□	Frame dimensions	12 x 6 mm / 8 x 5 mm
📦	Transport box	1890 x 1400 x 470 mm Plywood
🔧	Frame color	● ●
🎨	Application color	● ● ● ● ● ●
⚖	Weight net / gross	195 kg / 225 kg
🏋	Max load*	--
🏋	Recommended weight pack	--
🏋	Weight storage	--




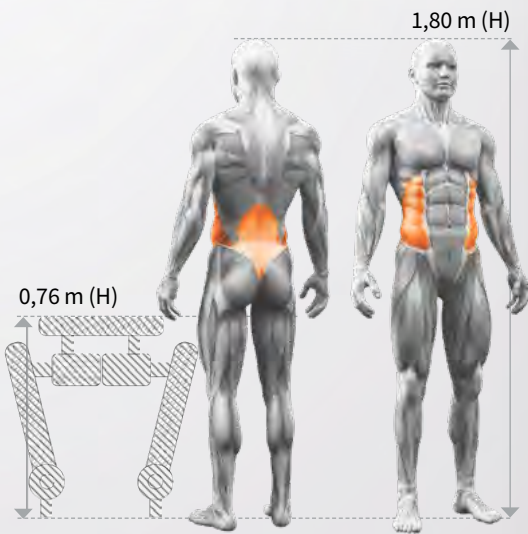
The Olympic Military Bench is designed for focused shoulder and triceps training. The upright position supports an optimized pressing motion, engaging the anterior deltoid, triceps, upper chest, and stabilizing muscles. Ideal for building strength, stability, and definition.

BACK EXTENSION



SPECIFICATIONS

	Dimension	1300 x 815 x 760 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1270 x 720 x 710 mm Plywood
	Frame color	
	Application color	
	Weight net / gross	53 kg / 83 kg
	Max load*	--
	Recommended weight pack	--
	Weight storage	--












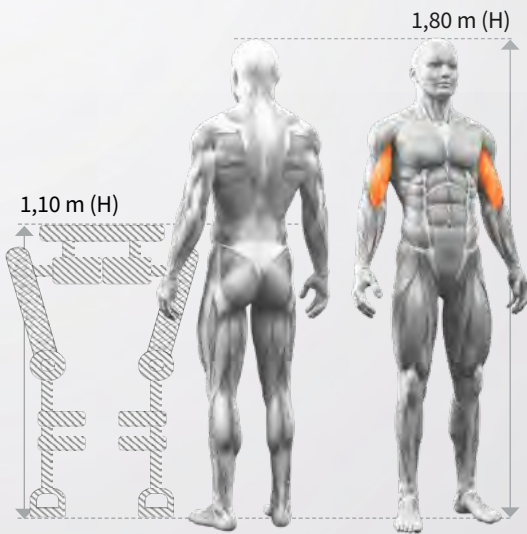
Retaining bottom edge for stability and comfort throughout the entire exercise.

SEATED PREACHER CURL



SPECIFICATIONS

	Dimension	1060 x 790 x 1100 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1100 x 930 x 470 mm Plywood
	Frame color	
	Application color	
	Weight net / gross	75 kg / 105 kg
	Max load*	--
	Recommended weight pack	--
	Weight storage	--















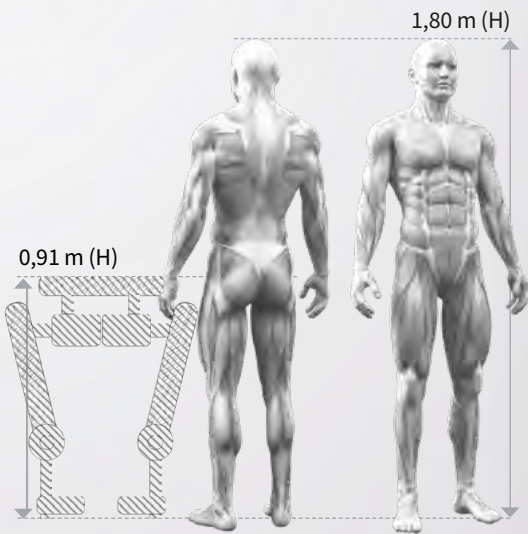
Bench offers two different positions for varied workouts and accommodates users of all sizes.

ADJUSTABLE DECLINE BENCH



SPECIFICATIONS














	Dimension	1850 x 585 x 910 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1880 x 620 x 1000 mm Plywood
	Frame color	 
	Application color	     
	Weight net / gross	67 kg / 97 kg
	Max load*	--
	Recommended weight pack	--
	Weight storage	--

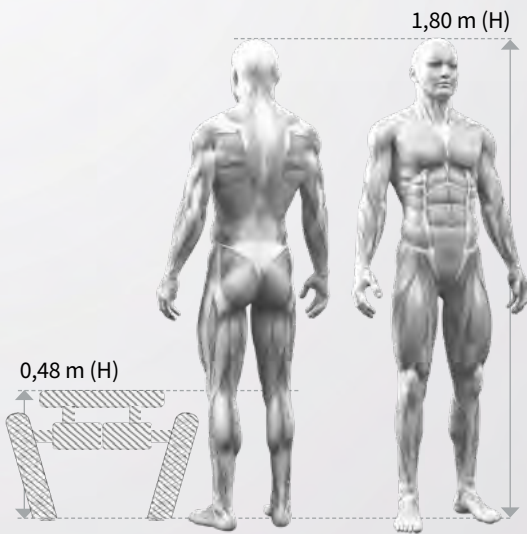


For freeweights exercises or abdominal trainer with different adjustment angles, wheels for mobility.

SUPER BENCH



	Dimension	1385 x 745 x 450 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1320 x 570 x 480 mm Plywood
	Frame color	 
	Application color	     
	Weight net / gross	57 kg / 87 kg
	Max load*	--
	Recommended weight pack	--
	Weight storage	--


















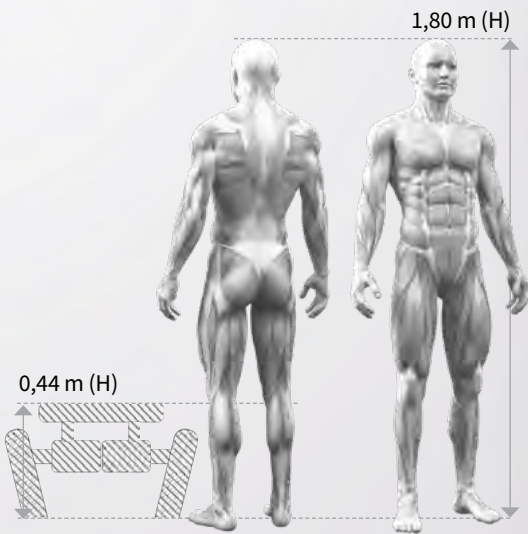
Bench with seat and backrest adjustment; Wheels for mobility; Adjustable to various angles.

FLAT BENCH



SPECIFICATIONS

	Dimension	1255 x 575 x 440 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1280 x 320 x 350 mm Plywood
	Frame color	 
	Application color	     
	Weight net / gross	25 kg / 55 kg
	Max load*	--
	Recommended weight pack	--
	Weight storage	--




















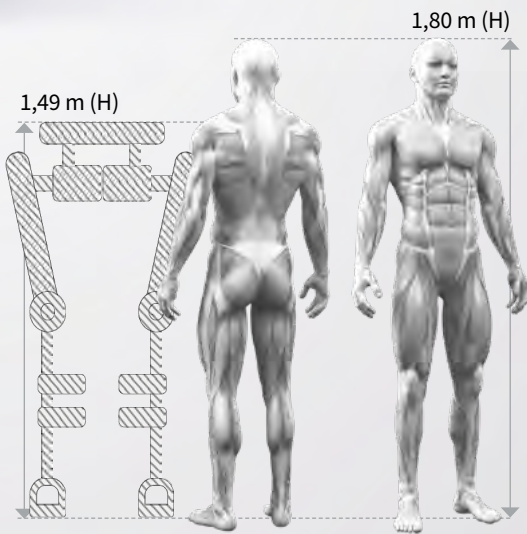
For freeweights exercises or abdominal trainer with different adjustment angles, wheels for mobility.

BARBELL RACK



SPECIFICATIONS

	Dimension	890 x 886 x 1485 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1550 x 870 x 470 mm Plywood
	Frame color	 
	Application color	     
	Weight net / gross	85 kg / 115 kg
	Max load*	--
	Recommended weight pack	--
	Weight storage	--



Accommodates a wide range of Barbells and Curl Bars;Ensures that equipment is easily accessible.



WITH OUR SMART GYM SOLUTIONS CONCEPT, WE TAKE THE PERSPECTIVE OF THE GYM OPERATOR AND DEVELOP SOLUTIONS THAT MAKE YOUR EVERYDAY LIFE EASIER. FOR YOUR MEMBERS, WE CREATE A PLEASANT TRAINING EXPERIENCE WITH AN EASY UNDERSTANDING OF PRODUCT USAGE AND GOOD TRAINING COMFORT.

DaVinci Body Fit
Via Provinciale, 455
Urgnano (BG) - Provincia Lombardia
Italia

YOU ARE INTERESTED IN ADDITIONAL INFORMATION OR WANT TO MEET IN PERSON?

Ask us!
Our friendly sales team is available for you to address your needs. We would be happy to make a non-binding offer to you.

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YOU WANT TO GET TO KNOW AND TEST OUR EQUIPMENT?

Come visit us!
In our showroom in Italy, we present a selection of our equipment. Please contact us for a personal appointment so that we can save the time by advice you personally.