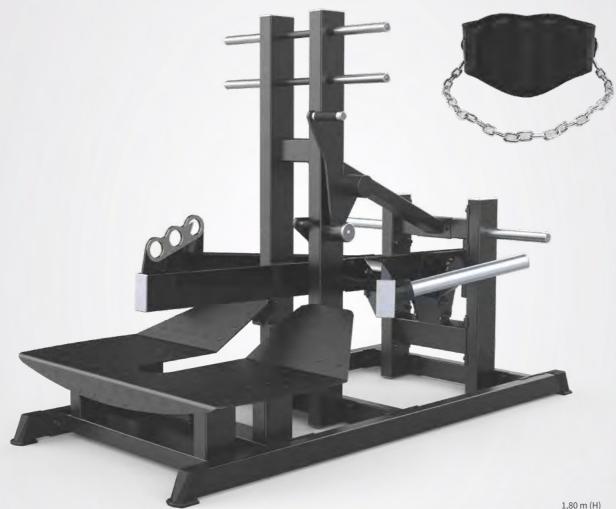


PLATE LOADED

DEFENDER

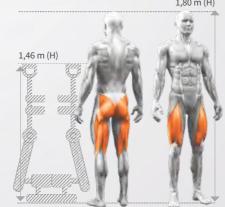


BELT SQUAT



SPECIFICATIONS

\geq	Dimension	2055 x 1690 x 1460 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	2100 x 1100 x 520 mm Plywood
	Frame color	•
9/	Application color	
KG	Weight net / gross	225 kg / 265 kg
	Max load*	320 kg
6	Recommended weight pack	
1	Weight storage	2



The Defender Series Belt Squat is a versatile machine that targets the entire thigh and gluteus muscles. Unlike traditional squats that put pressure on the spine, the Belt Squat relieves the spine and allows for more comfortable and effective training. With the ability to adjust your stance, you can target different muscle groups and optimize your workout. The machine also includes additional pins for elastic straps to add resistance and challenge your muscles.

POWER SMITH MACHINE DUAL SYSTEM



SPECIFICATIONS

\times	Dimension	1880 x 2010 x 1750 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	2000 x 1100 x 720 mm Plywood
	Frame color	•
M	Application color	• • •
KG	Weight net / gross	165 kg / 195 kg
	Max load*	160 kg
6	Recommended weight pack	
1	Weight storage	6

The Defender Series Power Smith Dual System is an innovative machine designed to perform thrust movements of the upper limbs safely and efficiently. It features independent load and a convergent trajectory that amplifies the range of motion compared to traditional Smith Machines.

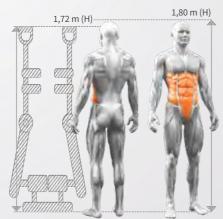


ABDOMINAL CRUNCH



SPECIFICATIONS

\geq	Dimension	1380 x 1776 x 1720 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1700 x 1100 x 420 mm Plywood
	Frame color	•
9/	Application color	• • •
КС	Weight net / gross	121 kg / 151 kg
Mai	Max load*	110 kg
6	Recommended weight pack	
-	Weight storage	2



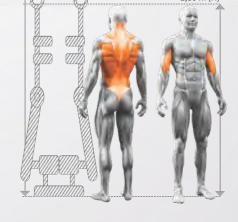
The Defender Series Rotating Abdominal Crunch is a must-have for anyone looking to target their abdominal muscles with precision. Unlike traditional ab crunch machines, this equipment features two suspension points on both sides that provide greater resistance and a more challenging workout. The equipment is also highly stable and includes storage pins for weight plates.

HIGH ROW



SPECIFICATIONS

\geq	Dimension	1940 x 1650 x 1980 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1700 x 1100 x 420 mm Plywood
	Frame color	•
B //	Application color	
KG	Weight net / gross	157 kg / 187 kg
	Max load*	160 kg
6	Recommended weight pack	
	Weight storage	



The Defender Series High Row Dual is the ultimate machine for targeting your back muscles. This machine simulates the motion of a traditional high row exercise, but with added features to enhance your workout. The built-in storage pins allow for easy access to weight plates, and the height-adjustable seat pad and thigh pad ensure a comfortable and secure fit during your workout.

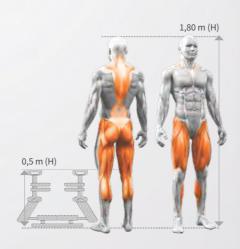


DOUBLE DEADLIFT



SPECIFICATIONS

\geq	Dimension	1870 x 2045 x 500 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1700 x 1100 x 320 mm Plywood
	Frame color	•
9/	Application color	
KC	Weight net / gross	80 kg / 120 kg
	Max load*	320 kg
6	Recommended weight pack	
-	Weight storage	2



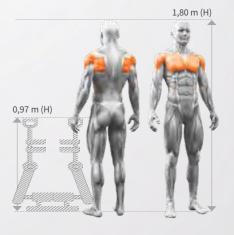
The Defender Series Deadlift Double Handle is the perfect addition to any gym that wants to add variety to their deadlift training. This machine is designed to simulate the traditional exercise and offers a more comfortable and varied grip option with its dual handle position.

CHEST BUTTERFLY



SPECIFICATIONS

\geq	Dimension	1570 x 1630 x 970 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1700 x 1100 x 420 mm Plywood
	Frame color	•
9/	Application color	• • •
KG	Weight net / gross	85 kg / 125 kg
	Max load*	160 kg
6	Recommended weight pack	
-	Weight storage	



The Defender Series Chest Butterfly Dual is a versatile and effective plate-loaded machine designed to provide a comfortable and challenging workout for your chest muscles. The unique 45-degree tilted seat and backrest design allows for better isolation of the pectoral muscles, resulting in a more effective workout.

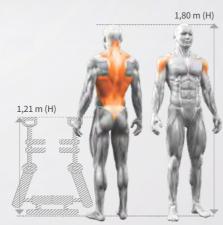


INCLINE LINEAR ROW



SPECIFICATIONS

Minimension Nation	1710 x 910 x 1210 mm
Frame dimensions	12 x 6 mm / 8 x 5 mm
Transport box	1700 x 1100 x 370 mm Plywood
Frame color	•
Application color	• • •
Weight net / gross	147 kg / 187 kg
Max load*	200 kg
Recommended weight pack	
Weight storage	2



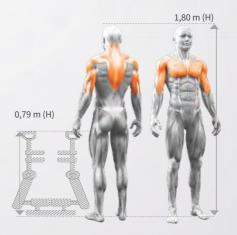
The A611 Incline Linear Row is a groundbreaking addition to our lineup, designed to elevate your back and shoulder workouts with unmatched precision and safety. Engineered with an ergonomic design and robust construction, this machine ensures precise movements, maximizing the efficiency of each exercise.

INCLINE FLY



SPECIFICATIONS

\times	Dimension	1650 x 1050 x 790 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	 Plywood
	Frame color	•
9/	Application color	• • •
KG	Weight net / gross	68 kg / 98 kg
	Max loaded*	160 kg
6	Recommended weight pack	
1	Weight storage	



The A612 Incline Fly is expertly crafted to deliver an

unparalleled chest workout, offering a superior range of motion and exceptional muscle engagement. This machine features a lumbar-curved bench that not only supports the shoulders but also enhances chest expansion throughout the movement. The rotating handles provide a natural grip, while the easily adjustable seat ensures a comfortable fit for all users.

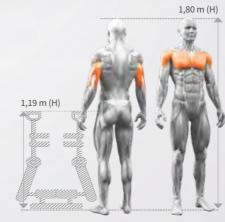


DUAL TRICEPS EXTENSION / DIP



SPECIFICATIONS

X Din	nension	1230 x 810 x 1190 mm
Fra	me dimensions	12 x 6 mm / 8 x 5 mm
Tra	nsport box	1220 x 1220 x 570 mm Plywood
Fra	me color	•
App	plication color	
о We	ight net / gross	60 kg / 100 kg
Ma	x load*	100 kg
W((CO))	commended ight pack	
₩e	ight storage	



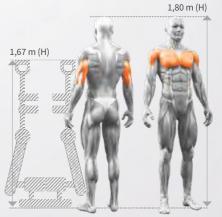
A614 Tricep Extension / Dip, a revolutionary piece of strength training equipment designed to deliver exceptional tricep workouts. This versatile machine offers dual functionality, allowing users to perform both tricep extensions and dips with ease. Featuring an adjustable seat rest and uniquely designed handles, the A614 ensures optimal comfort and multiple grip options for a customized exercise experience. Built with durability and precision in mind, this machine is an excellent addition to any fitness space.

PRECISION CHEST PRESS



SPECIFICATIONS

X	Dimension	1460 x 2060 x 1675 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1820 x 1620 x 420 mm Plywood
	Frame color	•
% /	Application color	• • •
KG	Weight net / gross	210 kg / 250 kg
W.74	Max load*	200 kg
	Recommended weight pack	
-	Weight storage	2



The A615 Chest Press is engineered to deliver a superior upper body workout with enhanced stability and precision. Featuring an innovative linkage drive system and a horizontal fixed track, this machine ensures a smooth and consistent press movement. The straight-line motion maintains optimal elbow and shoulder alignment, providing a stable exercise experience and excellent muscle engagement.

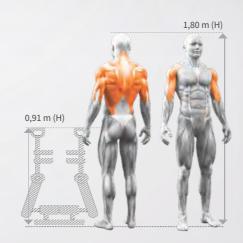


STANDING T-BAR ROW



SPECIFICATIONS

Dimension	2085 x 995 x 910 mm
Frame dimensions	12 x 6 mm / 8 x 5 mm
Transport box	 Plywood
Frame color	
Application color	• • •
Weight net / gross	100 kg / 130 kg
Max load*	160 kg
Recommended weight pack	
Weight storage	6



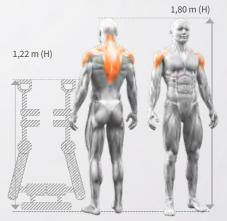
The Standing T-Bar Row is designed to deliver a powerful and effective back workout, targeting key muscle groups with precision and versatility. Featuring angled foot platform, this machine ensures a stable and secure base for intense rowing exercises. The adjustable handle width allows for customized training, while each handle offers three distinct grip options, enabling you to target different muscles with varying intensities.

SEATED DELTOID FLY



SPECIFICATIONS

\geq	Dimension	1635 x 900 x 1220 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1700 x 1100 x 470 mm Plywood
	Frame color	•
	Application color	
√ KC \	Weight net / gross	63 kg / 103 kg
	Max load*	160 kg
	Recommended weight pack	
-	Weight storage	



The Seated Deltoid Fly is expertly engineered to target the upper back, rear deltoids, and the lower-middle portion of the trapezius. The adjustable seat and backrest distance provide a customized fit, while the design allows for isolated rear deltoid exercises. Whether you prefer unilateral or bilateral workouts, the A6 Seated Deltoid Fly offers the versatility and control needed for superior shoulder and back development.



CIRCULAR LAT PULLDOWN



Dimension	1930 x 1860 x 2060 mm
Frame dimensions	12 x 6 mm / 8 x 5 mm
Transport box	2000 x 1100 x 670 mm Plywood
Frame color	•
Application color	
© Weight net / gross	195 kg / 235 kg
Max load*	160 kg
Recommended weight pack	
Weight storage	4

The Defender Series Circular Lat Pulldown allows for a comfortable and ergonomic seated position while performing an effective downward pulling motion that targets the dorsal and arm muscles. The scissor design provides a secure and stable workout, ensuring maximum results.

COLOR OPTIONS









PEARL SILVER

SWING ARM

FRAME & UPHOLSTERY

PEARL RED

SWING ARM

FRAME & UPHOLSTERY

PEARL GREEN

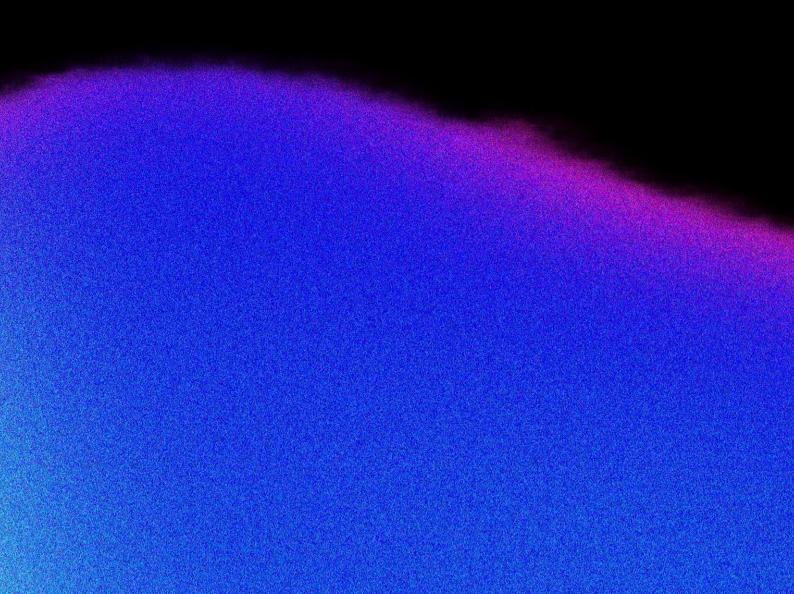
SWING ARM

FRAME & UPHOLSTERY

PEARL BLACK

SWING ARM

FRAME & UPHOLSTERY



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